



## JR E-Learning Courses

We offer a comprehensive suite of e-Learning courses suited to the needs of your business and employees. Our courses include Health and Safety, Health and Social Care and Business Development. Each course is accredited to recognised bodies, and we provide full certification on completion. Our e-Learning courses are a proven, cost-effective way to ensure the correct training in your workplace. These tests also help employers to demonstrate that they have fulfilled their legal duties to ensure their personnel have been adequately trained.



Hello and welcome! I'm John Ross, the founder of JR PAT Testing and JR E-Learning. At JR E-Learning, we are dedicated to sharing our knowledge and expertise with individuals and teams across various industries, from healthcare and education to aviation and trade services.

We offer an extensive range of training courses designed to provide comprehensive and practical learning experiences. Our courses cover a wide range of topics, including PAT testing, electrical safety, fire safety, first aid, and health and safety, among others. We pride ourselves on delivering training that is tailored to meet the unique needs of each industry.

Our courses are designed to take you from basic to advanced levels, ensuring that you gain in-depth knowledge and hands-on experience that will help you become a confident and skilled professional. We believe in providing not just theoretical knowledge but also practical guidance on wider objectives, pricing, average testing numbers, and marketing.

At JR E-Learning, we are passionate about helping individuals and teams develop their skills and achieve their goals. We believe that learning is a continuous process, which is why we offer ongoing mentoring and support to all our clients. Our support covers technical issues, business development, and more, ensuring that you receive the guidance you need to succeed.

So whether you're looking to upgrade your skills, expand your knowledge, or embark on a new career path, JR E-Learning is here to help you achieve your goals.

Visit our website at <https://jrpattesting.com/courses> to learn more about our training programs and book your spot today. Let's work together to take your career to the next level!



**JOHN ROSS**  
Director



Designed to enable individuals to develop knowledge and skills for success and growth in the work place and support their personal development

**Alcohol Personal Licence Holder**

£90 ⌚ 90 Minutes

**Developing a Workplace Mental Health Policy**

£25 ⌚ 50 Minutes

**Anti-Bribery and Corruption**

£25 ⌚ 50 Minutes

**Developing Good Employee Relations**

£25 ⌚ 45 Minutes

**Anti Harassment and Bullying**

£23 ⌚ 32 Minutes

**Developing Teamwork**

£25 ⌚ 30 Minutes

**Anti-Money Laundering**

£25 ⌚ 50 Minutes

**Disciplinary Procedures**

£25 ⌚ 45 Minutes

**Conflict Resolution in the Workplace**

£23 ⌚ 45 Minutes

**Display Screen Equipment Awareness**

£23 ⌚ 50 Minutes

**Customer Service**

£25 ⌚ 75 Minutes

**Cyber Security**

£25 ⌚ 25 Minutes

**Effective Delegation**

£25 ⌚ 110 Minutes

**Environmental Awareness**

£23 ⌚ 60 Minutes

**Equality, Diversity and Discrimination**

£25 ⌚ 70 Minutes

**Introducing GDPR**

£23 ⌚ 60 Minutes

**Introduction to Emotional Intelligence**

£35 ⌚ 50 Minutes

**Introduction to Risk Assessment**

£23 ⌚ 90 Minutes

**Leadership Skills**

£25 ⌚ 90 Minutes

**Licensed Premises Staff Training**

£25 ⌚ 60 Minutes

**Managing Meetings**

£25 ⌚ 60 Minutes

**Managing Occupational Health & Wellbeing**

£25 ⌚ 90 Minutes

**Managing Sickness & Absence**

£25 ⌚ 30 Minutes

**Negotiation**

£25 ⌚ 46 Minutes

**Objective Setting**

£25 ⌚ 30 Minutes

**Preparing for a Job Interview**

£15 ⌚ 20 Minutes

**Presentation Skills**

£25 ⌚ 55 Minutes

**Prevent Duty**

£23 ⌚ 65 Minutes

**Principles of Communication**

£25 ⌚ 75 Minutes

**Problem Solving in a Workplace**

£25 ⌚ 30 Minutes

**Project Management**

£25 ⌚ 90 Minutes

**Sales Skills**

£25 ⌚ 120 Minutes



**SOCIAL MEDIA COURSES**

**Instagram for Business**

£35 ⌚ 40 Minutes

**Facebook for Business**

£50 ⌚ 80 Minutes

**LinkedIn for Business**

£50 ⌚ 45 Minutes

**Search Engine Optimisation for Business**

£99 ⌚ 80 Minutes

**Social Media for Business**

£99 ⌚ 100 Minutes

**Social Media Marketing**

£35 ⌚ 50 Minutes

**Twitter for Business**

£60 ⌚ 55 Minutes

**Sexual Harassment in the Workplace**

£23 ⌚ 55 Minutes

**Stress Management**

£25 ⌚ 30 Minutes

**Supervising Mental Health at Work**

£25 ⌚ 25 Minutes

**The Principles of Performance Management**

£25 ⌚ 55 Minutes

**Time Management**

£25 ⌚ 105 Minutes

**Working Within the Private Security Industry**

£25 ⌚ 90 Minutes

**Workplace Health and Safety**

£23 ⌚ 45 Minutes

**Your Personal Development**

£20 ⌚ 50 Minutes



**FROM  
£15**

## E-Learning Courses HEALTH AND SAFETY

E-learning to develop employees awareness of health and safety in the workplace while supporting their personal development

### **Abrasive Wheels**

£25 ⌚ 100 Minutes

### **Asbestos Awareness**

£25 ⌚ 65 Minutes

### **Asbestos Awareness - IATP**

£35 ⌚ 65 Minutes

### **Asbestos Awareness for Architects & Designers**

£25 ⌚ 75 Minutes

### **Assessing Display Screen Equipment**

£23 ⌚ 110 Minutes

### **Banksman Training**

£35 ⌚ 40 Minutes

### **Basic Fire Safety Awareness**

£23 ⌚ 60 Minutes

### **Basic Fire Safety Awareness for Care Homes**

£23 ⌚ 60 Minutes

### **Basic Legionella Management**

£45 ⌚ 75 Minutes

### **Behavioural Safety**

£23 ⌚ 45 Minutes

### **CDM Awareness**

£23 ⌚ 40 Minutes

### **Control of Substances Hazardous to Health**

£25 ⌚ 125 Minutes

### **Covid-19 Safe Workplace**

£23 ⌚ 30 Minutes

### **Display Screen Equipment Awareness (DSE)**

£23 ⌚ 50 Minutes

### **Electrical Safety**

£25 ⌚ 45 Minutes

### **Emergency First Aid at Work - Refresher**

£25 ⌚ 150 Minutes

### **Fire Doors**

£35 ⌚ 40 Minutes

### **Fire Extinguisher**

£23 ⌚ 25 Minutes

### **Fire Marshal**

£23 ⌚ 220 Minutes

### **Fire Marshal for Care Homes**

£23 ⌚ 220 Minutes

### **Introduction to HACCP Level 2**

£25 ⌚ 80 Minutes

### **Introduction to Personal Safety for Lone Workers**

£23 ⌚ 45 Minutes

### **Introduction to Risk Assessment**

£23 ⌚ 90 Minutes

### **Ladder Safety**

£35 ⌚ 40 Minutes

## E-Learning Courses HEALTH AND SAFETY

### **Level 1 Health and Safety in a Construction Environment (CSCS Green Card)**

£70 ⌚ 40 Minutes

### **Level 1 Health and Safety in a Construction Environment Accredited Exam**

£70 ⌚ 40 Minutes

### **Lockdown Procedure in Schools**

£23 ⌚ 60 Minutes

### **Manual Handling**

£23 ⌚ 75 Minutes

### **Noise Awareness**

£25 ⌚ 55 Minutes

### **Paediatric First Aid**

£15 ⌚ 115 Minutes

### **Asbestos Awareness - IATP**

£35 ⌚ 65 Minutes

### **Personal Protective Equipment (PPE)**

£23 ⌚ 60 Minutes

### **Preparation for the CITB Test**

£25 ⌚ 120 Minutes

### **Slips, Trips and Falls**

£23 ⌚ 60 Minutes

### **Working at Height**

£25 ⌚ 105 Minutes

### **Working in Confined Spaces**

£25 ⌚ 25 Minutes

### **Working Safely**

£25 ⌚ 60 Minutes

### **Workplace Health and Safety**

£23 ⌚ 45 Minutes

## NVQ UNIT COURSES

### **Conforming to General Health, Safety and Welfare in the Workplace**

£99 ⌚ 55 Minutes

### **Conforming to Productive Working Practices in the Workplace**

£99 ⌚ 35 Minutes

### **Erecting and Dismantling Working Platforms**

£99 ⌚ 70 Minutes

### **Moving, Handling and Storing Resources in the Workplace**

£99 ⌚ 45 Minutes





Covering topics including food handling and preparation, personal hygiene, storage, and cleaning. Individuals can ensure that they are equipped with the skills and knowledge needed to maintain high food safety standards and protect the health and well-being of consumers.

**Achieving Food Hygiene Rating Level 5**

£25 ⌚ 50 Minutes

**Allergen Awareness**

£23 ⌚ 100 Minutes

**Level 1 Food Safety - Catering**

£15 ⌚ 50 Minutes

**Level 1 Food Safety - Manufacturing**

£15 ⌚ 50 Minutes

**Level 1 Food Safety - Retail**

£15 ⌚ 50 Minutes

**Level 2 Food Safety - Catering**

£23 ⌚ 75 Minutes

**Level 2 Food Safety - Manufacturing**

£23 ⌚ 75 Minutes

**Level 2 Food Safety - Retail**

£23 ⌚ 75 Minutes

**Supervising Food Safety**

**Level 3**

£90 ⌚ 260 Minutes

**FROM  
£23**



Essential e-learning for individuals working in the healthcare sector and support their personal development

**ADHD Awareness**

£23 ⌚ 45 Minutes

**Autism Awareness**

£23 ⌚ 30 Minutes

**Children and Young People's Mental Health**

£23 ⌚ 90 Minutes

**Dementia Awareness**

£23 ⌚ 25 Minutes

**Depression Awareness**

£23 ⌚ 45 Minutes

**Diabetes Awareness**

£23 ⌚ 45 Minutes

**Dignity and Privacy**

£23 ⌚ 50 Minutes

**Hand Arm Vibration Syndrome**

£23 ⌚ 40 Minutes

**Handling Information in a Care Setting**

£23 ⌚ 20 Minutes

**Health and Safety in a Care Setting**

£23 ⌚ 80 Minutes

**Infection Control**

£23 ⌚ 60 Minutes

**Introduction to Early Years Foundation Stage**

£23 ⌚ 60 Minutes

**Introduction to the Safe Handling of Medicines**

£23 ⌚ 60 Minutes



**Learning Disability Awareness**

£23 ⌚ 50 Minutes

**Drug and Alcohol Awareness**

£23 ⌚ 80 Minutes

**Duty of Care**

£23 ⌚ 50 Minutes

**End of Life Care**

£23 ⌚ 25 Minutes

**Epilepsy Awareness**

£23 ⌚ 30 Minutes

**Fire Marshal for Care Homes**

£23 ⌚ 220 Minutes

**Person-Centred Care**

£23 ⌚ 45 Minutes

**Positive Handling in Schools**

£23 ⌚ 100 Minutes

**Safeguarding Adults**

£23 ⌚ 75 Minutes

**Safeguarding Children**

£23 ⌚ 75 Minutes

**Mental Capacity Act and Deprivation of Liberty Safeguards**

£23 ⌚ 75 Minutes

**Mental Health Awareness**

£23 ⌚ 25 Minutes

**Mental Health First Aid**

£25 ⌚ 90 Minutes

**Moving and Handling People**

£23 ⌚ 150 Minutes

**Nutrition and Hydration**

£23 ⌚ 65 Minutes

**Sharps Awareness**

£23 ⌚ 55 Minutes

**Stroke Awareness**

£23 ⌚ 45 Minutes

**Understanding your Role in Care**

£23 ⌚ 40 Minutes

**JR E-LEARNING** is the latest offering from the ever evolving JR Group – our aim being to offer the best value for money one stop shop B2B services in the country.

**JR B2B Group** offers all businesses the following services, all at very competitive prices and our total commitment to outstanding levels of service:





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