

We met in an online support group during Lockdown. We connected. We helped each other.

Debby  
& her Karrot



DJ Marie  
& her Karrot

We realised more people needed this in their lives...



## Rogue Debby CIC was born!

Fast-forward to now and our online peer-support groups are connecting people from Scotland to Australia... We help each other live, thrive and do more than survive, with the symptoms of Chronic Illnesses - and we do it all with humour and grace!

@ Rogue Debby CIC



Our groups and gigs are free... we create art to fund our work, so if you know someone who could benefit from what we do...

**SUPPORT US  
BUY OUR ART**

...and let them know we exist!



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